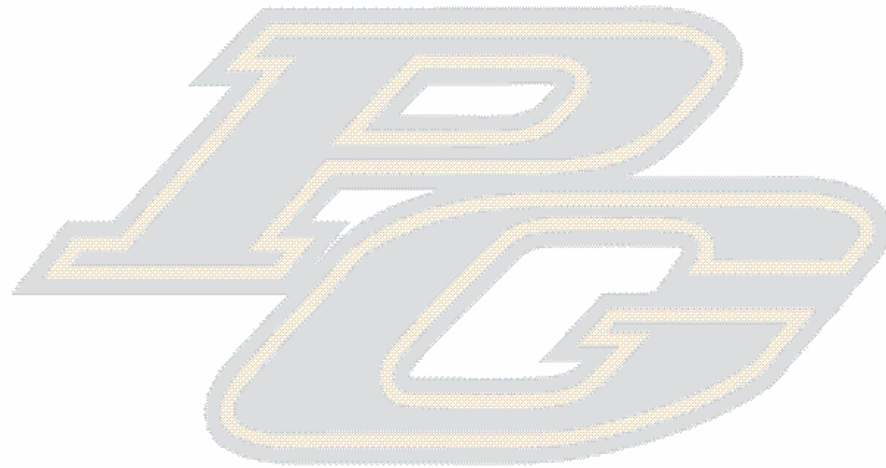




2010 - 2011

MIDDLE SCHOOL CHEERLEADER HANDBOOK



PLEASANT GROVE
INDEPENDANT SCHOOL DISTRICT
TEXARKANA, TEXAS



CHEERLEADER HANDBOOK CONFIRMATION

I have read the Pleasant Grove Cheerleader Handbook carefully and thoroughly. I agree to abide by the rules stated in the handbook at all times. I understand the responsibilities of being a Pleasant Grove Cheerleader and will do my best to uphold the high standards of the squad. I will accept the decisions of the sponsor and the administration.

Student Signature _____

I have read the Pleasant Grove Cheerleader Handbook carefully and thoroughly. I agree to help my child comply with all policies, rules and regulations set forth in the handbook. I understand the responsibilities of being a Pleasant Grove Cheerleader and will abide by the decisions of the sponsor and the administration.

Parent/Guardian Signature _____

Date _____

RESPONSIBILITIES AND RULES

MIDDLE SCHOOL CHEERLEADER

To become a cheerleader, a student must be a seventh or eighth grader at Pleasant Grove Middle School.

CHEERLEADER CANDIDACY

Each candidate shall have the written approval of four current teachers to be eligible to become a cheerleader. Each candidate shall have no lower than a 78 overall average in academic subjects and no lower than "B" average in each class in conduct for the previous semester in order to be eligible. Each candidate shall also return a signed parental permission form to the school office on or before the date specified in order to become a cheerleader and enroll in physical education class for cheerleader.

OTHER EXTRACURRICULAR ACTIVITIES

Cheerleaders shall be eligible for participation in athletics, as well as other extracurricular activities.

PURPOSE:

The focus of our endeavor as a cheerleading squad is to create school spirit and to promote a sense of pride and dignity in PGMS. While experiencing teamwork, we will strive to develop a sense of fair play and learn the importance of doing one's best.

GENERAL:

Cheerleaders will follow the rules and regulations as developed by the sponsors and the administration and approved by the Board.

STANDARDS:

1. A student who, on or within 300 feet of school property or at a school related event on or off school property.
 - a. Sells, gives, delivers, possesses, uses or is under the influence of prohibited drugs or alcohol or
 - b. Engages in conduct punishable as an offense relating to an abusable volatile chemical,

May be removed from the team or organization or be suspended from the team or organization for a period of time to be determined by the

sponsor and the campus administrator in addition to consequences for violation of the Student Code of Conduct.

2. Cheerleaders must be at games and practices at all times designated by the sponsor.
3. Cheerleaders shall be expected to attend all cheerleading activities including meetings, mini camps, pep rallies, football games, and parades.
4. Quitting is discouraged. Once the cheerleader starts the school year, she/he must finish the school year with the squad. Once a cheerleader is off the squad, she may not return during the school year.
5. A cheerleader may not perform at a game or activity if absent more than half a school day the day of the game or activity unless excused by the sponsor in advance.
6. Cheerleaders may not participate in games or pep rallies if absences have kept the cheerleader from being prepared to do so.
7. If any part of the uniform is forgotten, the cheerleader will not be permitted to participate.
8. Cheerleaders shall be required to follow FMG(LOCAL) concerning transportation to and from an event. Each student shall have completed, and have on file, a trip permission form given to them by the sponsor before traveling. All students shall remain with the squad until the performance is finished.
9. Cheerleaders will be expected to compete in local cheerleading competitions. Cheerleaders are also expected to sell programs at high school football games from 6:45 until the end of first quarter. If a cheerleader is a member of an all-star squad or any other type of cheerleading squad other than the school's cheerleading squad, the cheerleader's first obligation will be to the school's cheerleading squad. This includes competitions, practices and any other cheerleading duties.

GRADE REQUIREMENTS:

All cheerleaders shall maintain at least 78 overall average in academic work throughout the term with at least a 70 average in each subject. A conduct grade no lower than a "B" shall be maintained in each class.

CHEERLEADER DEMERIT SYSTEM

Demerits will be given after school hours for the following violations:

1.	Being disrespectful to ANYONE	2
2.	Arguing or "talking back" with sponsors or captains	2
3.	Any report of trouble in a classroom or with a staff member	2
4.	Getting into trouble at any Pleasant Grove sporting event or activity	2
5.	Any public display unbecoming a PGMS cheerleader	1
6.	Not being prepared for a pep rally or game	1
7.	Being late for a home game	1
8.	Trying to tell everyone what to do at a game	1
9.	Eating or drinking without permission while cheering at a game	1
10.	Not participating in a cheer/chant/or dance at a game	1
11.	Arriving at a game or event out of uniform	1
12.	Staying at the concession stand too long during a game	1
13.	Going to the field house after a game	1
14.	Not participating in extra-curricular cheerleading activities	1
15.	Chewing gum at a pep rally or game	1
16.	Refusing to follow bus/bus driver rules on the road trips	1
17.	Complaining	1
18.	Failure to make arrangements for a ride after the ballgames	1
19.	Failure to have workout clothes and shoes after school practices	1
20.	Out of position at games without permission	1

The purpose of the demerit system is to cut down on problems that might arise on the cheerleader squad. Demerits will be given only by the sponsor during after school hours. Demerits do not affect the cheerleader's grade. However, during one week, three demerits will result in missing a pep rally and five demerits will result in missing a game. Classroom rules and the Code of Conduct are applicable during school hours.

MIDDLE SCHOOL MASCOT CANDIDACY SELECTION

To become the mascot, a student shall be a seventh or eighth grader at Pleasant Grove Middle School. Each candidate shall have written approval of four current teachers to be eligible to become the mascot. Each candidate shall have no lower than a 78 overall in academic subject and no lower than a “B” average in each class in conduct for the previous semester in order to be eligible. Each candidate shall also return a signed parental permission form to the school office on or before the date specified in order to become the mascot and enroll in the physical education class for cheerleaders. The mascot will be selected by a committee including the principal, pep squad sponsor, cheerleader sponsor, and two teachers.

OTHER EXTRACURRICULAR ACTIVITIES

The mascot shall be eligible for participation in athletics, as well as other extracurricular activities.

RESPONSIBILITIES OF THE MASCOT

1. Attend all functions of the cheerleaders.
2. Be on time and remain for the entire function.
3. Provide leadership and set an example for all students.
4. Assist in the creation of chants, cheers, and routines.
5. Remain with the cheerleaders at all times.
6. Assist sponsors as deemed necessary.
7. Promote enthusiasm and spirit at all ballgames and pep rallies.
8. Be at all cheerleader practices and camps provided by the school.
9. Follow policy FMG(LOCAL) concerning transportation to and from an event. Each student shall have completed and on file a trip permission form given to the student by the sponsor before traveling. The mascot shall remain with the squad until the performance is finished.

GRADE REQUIREMENTS

Mascots shall maintain at least 78 overall average in academic work throughout their terms, with at least a 70 average in each subject. A conduct grade no lower than a “B” shall be maintained in each class.

GROVER JUNIOR APPLICATION

Please answer the following questions only in the given space.

Name _____

TEACHER RECOMMENDATIONS FROM THE FOUR CURRENT TEACHERS

1. _____ 2. _____

3. _____ 4. _____

BELOW PLEASE DESCRIBE HOW YOU CAN HANDLE THE JOB OF GROVER JUNIOR (include your positive qualities)

WHAT OTHER ACTIVITIES ARE YOU INVOLVED IN?

HOW WILL YOU BALANCE SCHOOL WORK WITH GROVER JUNIOR RESPONSIBILITIES?

PLEASANT GROVE MIDDLE SCHOOL MASCOT

Please read the attached information carefully. Complete the requirements and return this sheet to the office.

Name _____

Parent/Guardian _____

Address _____ Phone No. _____

I understand that the position of mascot is one of great honor and responsibility and that certain rules and regulations must be followed. I have read the rules carefully, and if I meet the prescribed requirements, I agree to abide by these rules at all times. I will do my best to make the Pleasant Grove Cheerleading Squad outstanding and successful.

Student Signature _____ Date _____

Parent/Guardian Permission

My child has my consent to be mascot, provided she/he meets all specified requirements. I understand she/he must continue to meet requirements and that she/he must comply with all policies, rules and regulations throughout the year.

Parent Signature _____ Date _____

FIRST AID INFORMATION

Name _____

Parents _____

Address _____

Home Phone _____

Mother's Phone Work _____ Cell _____

Father's Phone Work _____ Cell _____

Family Physician _____

Address _____ Phone _____

Hospital Preference _____

Allergies to Medications: _____

Allergies or Known Conditions: _____

PERSON TO BE CONTACTED IF PARENTS CANNOT BE REACHED

Name _____ Relationship _____

Phone Number _____

I GIVE PERMISSION FOR SPONSOR(S) TO TAKE MY CHILD

_____, **TO THE EMERGENCY ROOM IF THE NEED**

ARISES.

Parent Signature _____

Date _____

SCHOOL INSURANCE STATEMENT

The Pleasant Grove Independent School District provides your daughter/son with supplemental insurance each school year while she/he is participating in any school sponsored UIL event for grades 7 – 12. the coverage is supplemental to the primary insurance you provide. The policy only covers accident coverage while the student is participating in UIL athletics or activities sponsored by Pleasant Grove ISD. Coverage is in force during practice, scheduled games and travel in a school appointed and supervised vehicle, to and from the event. In the event of an accident, the claim form can be picked up from the middle or high school offices.